



# Speedy Bird™ Grill Marked Boneless Breast Filets - 4oz.

Fully Cooked Grill Marked Breast Filets with a Natural Chicken Flavor.

## Product Information

**Product Code:** 8600      **UPC Code:** 099655086002  
**Product Weight:** 4.0oz Avg      **Piece Count:** 40 pieces Avg  
**Packaging:** 2/5#      **Net Case Weight:** 10lbs  
**Case Cube:** 0.55      **Case Dimensions:** 17.00 x 9.75 x 5.75  
**Pallet Ti/Hi:** 10 x 12      **Case Per Pallet:** 120  
**Date Coding:** Calendar

## Ingredient Statement

Chicken Breast with Rib Meat, Water, Modified Food Starch, Seasoning (Chicken Broth, Maltodextrin, Salt, Flavor), Salt, Sodium Phosphate, Carrageenan.

## Product Handling

- Keep at 0° F or below
- 365 Day Shelf Life from Date of Pack

## Cooking Instructions

- Convection Oven: 11-12 Minutes @ 350° F
- Conventional Oven: 12-15 Minutes @ 400° F
- Microwave: 3-4 Minutes on High
- Cooking Times Vary with Equipment Used Please Ensure Proper Internal Temperature (165° F)

## Nutrition Facts

Serving Size 1 filet (113g)  
Servings Per Container

### Amount Per Serving

**Calories 120**      **Calories from Fat 25**

% Daily Value\*

**Total Fat 2.5g**      **4%**

Saturated Fat 0.5g      **3%**

Trans Fat 0g

**Cholesterol 65mg**      **22%**

**Sodium 480mg**      **20%**

**Total Carbohydrate 2g**      **1%**

Dietary Fiber 0g      **0%**

Sugars 0g

**Protein 21g**

Vitamin A 0%      • Vitamin C 2%

Calcium 0%      • Iron 2%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

