



Speedy Bird™ Savory Breaded Tenders (BWT)

A savory marinated tender covered in a golden brown crumb breading system. Par-fried, Ready-to-Cook.

Product Information

Product Code: 8156 **UPC Code:** 099655081564
Product Size: 2.0oz Average **Piece Count:** 70-90 Pieces/Case
Net Case Weight: 10lbs **Packaging:** 2/5#
Case Cube: 0.55 **Case Dimensions:** 17.00 x 9.75 x 5.75
Pallet Ti/Hi: 10 x 12 **Case Per Pallet:** 120
Date Coding: Calendar

Ingredient Statement

Containing up to 18% of a solution of water, sodium phosphate and salt. Breaded With: Bleached Wheat Flour, Salt, Dextrose, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Whey, Spices, Sugar, Yeast Extract, Disodium Inosinate and Disodium Guanylate, Yeast, Partially Hydrogenated Soybean and Cottonseed Oil, Natural Flavor. Battered With: Water, Bleached Wheat Flour, Modified Food Starch, Salt, Spices, Garlic Powder, Onion Powder, Yeast Extract, Soybean Oil, Disodium Inosinate and Disodium Guanylate. Predusted With: Wheat Flour, Vital Wheat Gluten, Salt, Yellow Corn Flour, Soybean Oil, Sodium Alginate, Whey, Nonfat Milk, Spice Extract. Breeding Set in Hot Vegetable Oil. Contains: Wheat and Milk.

Product Handling

- Keep at 0° F or below
- 365 Day Shelf Life from Date of Pack

Cooking Instructions

- Fryer: 4-5 Minutes @ 350°F
- Convection Oven: 12-16 Minutes @ 350°F
- Conventional Oven: 20-25 Minutes @ 350°F
- Cooking Times Vary with Equipment Used Please Ensure Proper Internal Temperature (165° F)

Nutrition Facts

Serving Size (114g)
 Servings Per Container

Amount Per Serving

Calories 220 **Calories from Fat 100**

% Daily Value*

Total Fat 11g **17%**

Saturated Fat 1.5g **8%**

Trans Fat 0g

Cholesterol 40mg **14%**

Sodium 720mg **30%**

Total Carbohydrate 14g **5%**

Dietary Fiber less than 1g **4%**

Sugars 1g

Protein 18g

Vitamin A 0% • Vitamin C 4%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

