



# Speedy Bird™ Spicy Chicken Tender Fritter

Speedy Bird Ready to Cook, Parfried Spicy Breaded Chicken tender is a marinated, batter and breaded, tender product.

## Product Information

<b>Product Code:</b> 8007	<b>UPC Code:</b> 099655080079
<b>Product Size:</b> 2.2 oz. Avg	<b>Piece Count:</b> 65-85 piece Avg
<b>Packaging:</b> 2/5#	<b>Net Case Weight:</b> 10lbs
<b>Case Cube:</b> 0.55	<b>Case Dimensions:</b> 17.00 x 9.75 x 5.75
<b>Pallet Ti/Hi:</b> 10 x 12	<b>Case Per Pallet:</b> 120
<b>Date Coding:</b> Calendar	

## Ingredient Statement

Chicken breast tenders, Marinade: Water, Salt, Mustard Flour, Maltodextrin, Chili Pepper, Paprika, Spices, Extractives of Paprika, Extractives of Turmeric, Sodium Phosphate  
 Predust: Enriched Wheat Flour, (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Modified Corn Starch, Salt, Wheat Gluten, Dried Egg Whites, Leavening, sodium bicarbonate, sodium aluminum phosphate), Soybean Oil (processing aid), Extractives of Paprika.  
 Breader: Enriched Wheat Flour, wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Bread Crumb (bleached wheat flour, dextrose, salt, yeast), Salt, Cracker Meal (wheat flour, leavening, (sodium aluminum phosphate, sodium bicarbonate)), Spices, Extractives of Paprika. Breading set with soybean oil. CONTAINS: Wheat, Eggs

## Nutrition Facts

Serving Size (100g)  
 Servings Per Container

Amount Per Serving

**Calories 220**    **Calories from Fat 100**

	% Daily Value*
<b>Total Fat 11g</b>	<b>17%</b>
Saturated Fat 1.5g	<b>8%</b>
Trans Fat 0g	
<b>Cholesterol 35mg</b>	<b>12%</b>
<b>Sodium 920mg</b>	<b>38%</b>
<b>Total Carbohydrate 16g</b>	<b>5%</b>
Dietary Fiber 1g	<b>4%</b>
Sugars 1g	

**Protein 15g**

Vitamin A 2%    •    Vitamin C 0%  
 Calcium 2%    •    Iron 4%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:  
 Fat 9 • Carbohydrate 4 • Protein 4

## Product Handling

- Keep at 0 degrees F or below
- 365 day shelf life from date of pack

## Cooking Instructions

- Fry from a frozen state at 350 degrees F for 4-5 minutes Convection  
 Oven: 12-16 minutes @350 degrees F Conventional Oven: 20-25 minutes @350 degrees F Cooking times vary with equipment Used, ensure internal temperature reaches 165 degrees F,

