



# Speedy Bird™ Seasoned Breaded Chicken Tenders

Ready-to-Cook Breaded Parfried Chicken Tenderloins coated in a Mild Seasoned cover system.

## Product Information

<b>Product Code:</b> 8028	<b>UPC Code:</b> 099655080284
<b>Product Weight:</b> 1.9oz Avg.	<b>Piece Count Range:</b> 70-100 pieces/case
<b>Packaging:</b> 2/5#	<b>Net Case Weight:</b> 10lbs
<b>Case Cube:</b> 0.55	<b>Case Dimensions:</b> 17.00 x 9.75 x 5.75
<b>Pallet Ti/Hi:</b> 10 x 12	<b>Case Per Pallet:</b> 120
<b>Date Coding:</b> Calendar	

## Ingredient Statement

Chicken breast tenders containing up to 15% of a solution of Water, Salt and Sodium Phosphate. Battered and Breaded with: Bleached wheat flour, water, modified food starch, corn flake crumbs (corn, sugar, malt flavoring, salt, high fructose corn syrup, reduced iron, thiamine hydrochloride, niacinamide, pyridoxine hydrochloride, folic acid, calcium pantothenate, riboflavin), salt, spices, buttermilk powder (sweet cream, whey cream), leavening (sodium acid pyrophosphate, sodium bicarbonate), dried egg whites, partially hydrogenated soybean oil, sugar, yeast, extractives of paprika. Breeding set in hot soybean oil. CONTAINS: Wheat, Milk, Eggs

## Product Handling

- Keep at 0° F or below
- 365 Day Shelf Life from Date of Pack

## Cooking Instructions

- Fryer: 3.5-4 Minutes @ 350°
- Convection Oven: 12-15 Minutes @ 350°
- Conventional Oven: 15-20 Minutes @ 350°
- Cooking Times Vary with Equipment Used Please Ensure Proper Internal Temperature (165° F)

## Nutrition Facts

Serving Size (113g)  
Servings Per Container

Amount Per Serving

**Calories 180**    **Calories from Fat 70**

% Daily Value\*

<b>Total Fat</b> 7g	<b>11%</b>
Saturated Fat 1.5g	<b>8%</b>
Trans Fat 0g	
<b>Cholesterol</b> 40mg	<b>14%</b>
<b>Sodium</b> 630mg	<b>26%</b>
<b>Total Carbohydrate</b> 10g	<b>3%</b>
Dietary Fiber 1g	<b>5%</b>
Sugars 4g	
<b>Protein</b> 18g	

Vitamin A 2%    •    Vitamin C 2%  
Calcium 2%    •    Iron 4%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

