



# Pristine Cuisine™ Individually Frozen Boneless, Skinless Breast Filets

Certified Organic Boneless, Skinless Breast Filets. All Natural, No Artificial Ingredients, No Antibiotics, Vegetarian Diet. Individually Frozen, Ice Glazed for Freshness. Attractive Retail Ready Bags.

## Product Information

<b>Product Code:</b> 7014	<b>UPC Code:</b> 099655070148
<b>Product Size:</b> Varies	<b>Piece Count:</b> Varies
<b>Packaging:</b> 20/2lb Bags	<b>Net Case Weight:</b> 40lbs
<b>Case Cube:</b> 2.01	<b>Case Dimensions:</b> 23.25 x 15.40 x 9.75
<b>Pallet Ti/Hi:</b> 5 x 8	<b>Case Per Pallet:</b> 40
<b>Date Coding:</b> Julian	

## Ingredient Statement

Chicken Breast Filets, Contains Less Than 4% Retained Water.

## Product Handling

- Keep at 0° F or below
- 365 Day Shelf Life from Date of Pack

## Cooking Instructions

- Broil or Grill for 15-20 Minutes
- Bake at 325°F for 30-35 Minutes
- Cooking Times Vary with Equipment Used Please Ensure Proper Internal Temperature (165° F)



## Nutrition Facts

Serving Size (112g)  
Servings Per Container

Amount Per Serving

**Calories 150**      **Calories from Fat 20**

% Daily Value\*

**Total Fat 2g**      **3%**

Saturated Fat 0.5g      **3%**

Trans Fat 0g

**Cholesterol 90mg**      **29%**

**Sodium 160mg**      **7%**

**Total Carbohydrate 1g**      **0%**

Dietary Fiber less than 1g      **4%**

Sugars 1g

**Protein 32g**

Vitamin A 0%      •      Vitamin C 2%

Calcium 0%      •      Iron 4%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4