



Speedy Bird™ Spicy Chicken Breast Filet Fritter

Ready to Cook, Parfried Spicy Breaded Chicken Filet is a marinated, batter and breaded, filet product.

Product Information

Product Code: 8307 **UPC Code:** 099655083070
Product Size: 4 oz. Avg **Piece Count:** 40 piece Avg
Packaging: 2/5# **Net Case Weight:** 10lbs
Case Cube: 0.55 **Case Dimensions:** 17.00 x 9.75 x 5.75
Pallet Ti/Hi: 10 x 12 **Case Per Pallet:** 120
Date Coding: Calendar

Ingredient Statement

Chicken Breast Meat, Marinade: Water, Salt, Mustard Flour, Maltodextrin, Chili Pepper, Paprika, Spices, Extractives of Paprika, Extractives of Turmeric, Sodium Phosphate
 Predust: Enriched Wheat Flour, (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Modified Corn Starch, Salt, Wheat Gluten, Dried Egg Whites, Leavening, sodium bicarbonate, sodium aluminum phosphate), Soybean Oil (processing aid), Extractives of Paprika.
 Breader: Enriched Wheat Flour, wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Bread Crumb (bleached wheat flour, dextrose, salt, yeast), Salt, Cracker Meal (wheat flour, leavening (sodium aluminum phosphate, sodium bicarbonate)), Spices, Extractives of Paprika. Breading set with soybean oil. CONTAINS: Wheat, egg

Nutrition Facts

Serving Size (100g)
Servings Per Container

Amount Per Serving

Calories 240 **Calories from Fat 100**

	% Daily Value*
Total Fat 12g	18%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 980mg	41%
Total Carbohydrate 16g	5%
Dietary Fiber 1g	4%
Sugars 1g	

Protein 16g

Vitamin A 2% • Vitamin C 2%

Calcium 2% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Product Handling

- Product must be stored and shipped at a temperature of 0 degrees Fahrenheit +/- 10 degrees
- Shelf life of the product is 12 months from date of manufacture.

Cooking Instructions

- Fry from a frozen state at 350 degrees F for 5-6 minutes, or until the internal temperature reaches 165 degrees F.

