Speedy Bird™ Fully Cooked Italian Style Breaded Chicken Breast Filets 4oz

Fully Cooked Breaded Breast Filets covered in a flavorful Italian Bread Crumb Breading containing Parmesan and Romano Cheeses.

Product Information

Product Code: 8949
Piece Count: 40 pieces Avg
Net Case Weight: 10lbs
Case Cube: 0.55
Case Per Pallet: 120
Date Coding: Julian

Product Weight: 4.0oz Avg
Piece Count Range: 35-45 pieces/case
Case Dimensions: 17.00 x 9.75 x 5.75
Pallet Ti/Hi: 10 x 12
Packaging: 2/5#
UPC Code: 099655089492

Nutrition Facts

Serving Size 1 filet (113g)
Servings Per Container

Amount Per Serving

Calories 210	Calories from Fat 80
	% Daily Value*
Total Fat 9g	**14%**
Saturated Fat 2g	**9%**
Trans Fat 1g	
Cholesterol 40mg	**14%**
Sodium 560mg	**23%**
Total Carbohydrate 13g	**4%**
Dietary Fiber 2g	**8%**
Protein 20g	

Vitamin C 4% • Iron 10%

Not a significant source of sugars, vitamin A and calcium.

*Percent Daily Values are based on a 2,000 calorie diet.

Ingredient Statement

Chicken Breast, Water, Salt, Tapioca Starch, Sodium Phosphate, Chicken Broth Powder, Spice Extractives, Corn Syrup Solids, Natural Flavor and Citric Acid. Predusted with: Wheat Flour, Wheat Gluten, Parmesan Cheese Powder [(Pasteurized Milk, Cheese Cultures, Salt, Enzymes), and Disosium Phosphate], Dried Egg Whites, Salt, Romano Cheese Powder [Part-Skim Cow's Milk, Cheese Culture, Salt, Enzymes), Sodium Phosphate], Garlic Powder, Spices and Baking Powder. Battered with: Bleached Wheat Flour, Yellow Corn Flour, Modified Corn Starch, Spices, Salt, Garlic Powder, Guar Gum, Carrageenan gum and Sodium Bicarbonate. Breaded with: Bleached Wheat Flour (Bleached Wheat Flour, Whey, Dextrose, Soybean Oil), Wheat Flour, Salt, Natural Flavors, Dextrose, Partially Hydrogenated Soybean and/or Cottonseed Oil, Baking Powder, Dehydrated Parsley and Spice. CONTAINS: Wheat, Milk, Egg.

Product Handling

- Keep at 0° F or below
- 365 Day Shelf Life from Date of Pack

Cooking Instructions

- Fryer: 3-5 Minutes @ 350°
- Convection Oven: 11-12 Minutes @ 350°
- Conventional Oven: 12-15 Minutes @ 400°
- Microwave: 3-4 Minutes on High
- Cooking Times Vary with Equipment Used Please Ensure Proper Internal Temperature (165° F)

Townsend

SPEEDY BIRD CHICKEN PRODUCTS